

YOGAM™

experience the change

FREE

**Come for Meditation,
Talk, Q&A,
Guru Puja and
Healing**

Date: September 12th , 2009

Time: 6.00PM – 8.00PM

Venue: Shanthi Mandir , Columbia , MO

**Address: 2006 Holly Avenue , Columbia ,
MO 65202**

All masters say Bliss is our true nature, but why is it so difficult to experience? Enlightenment is not an alien science with limited access to the lucky few. It can be every seekers experience. **Living enlightenment** is about mastering the science of inner bliss, experiencing physical health, mental well being, and spiritual awakening. If you understand the fundamentals expounded by Nithyananda, yoga becomes a lifestyle, a vehicle for spiritual awakening. Living Enlightenment is seamlessly integrating Peace, plenty, and Bliss. Bhakti or devotion is the language of the being. When the being is allowed to express itself, man will experience a deep fulfillment from within. It is supreme love towards Existence or God. It is love for love's sake. It takes you to the inner chambers of the Lord, and it frees you from lust, ego, mine-ness, hatred, jealousy and greed, bringing equanimity of the mind and deep fulfillment. It fulfills all your wants and takes you beyond them. A culmination of all the spiritual paths and something more, is Guru Bhakti.

Satsang led by

Ma GnanaPriyananada

a disciple of Enlightened Master

Paramahansa Nithyananda

Enjoy the bliss like the 2.5 million people all over the world.

www.youtube.com/LifeBlissFoundation

For details please

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Paramahansa Nithyananda

www.Yogam4You.org